

# Frome Community Bike Project

## Led ride terms and conditions



Thank you for registering to take part in this activity. Frome Community Bike Project (FCBP) will do everything that we reasonably can to ensure that the activity is as inclusive, safe and enjoyable as it can be for everyone involved but we also need you to play your part in order for us to do that. You are responsible for your own safety. Cycling involves personal risk and you must ride responsibly.

FCBP will plan, ride and risk assess the route beforehand.

FCBP will share details of the route in advance and in the activity briefing before the ride. We will make clear to you the nature and extent of the activity including the physical demands, any significant risks that you might face and the arrangements for dealing with those risks. You will need to decide if the activity is something that you can participate in safely.

You must not cycle when intoxicated or under the influence of medication. You are also advised not to cycle when fatigued.

FCBP does not accept any liability for any damage to equipment or injury to you during the led ride.

Wearing of a helmet is optional although FCBP strongly recommends that helmets are worn at all times when cycling.

FCBP won't ask you to disclose confidential medical information but you may wish to do so voluntarily, in which case all such information will be treated in the strictest confidence. Any medication needed by you during the activity needs to be carried and administered by you unless you have formally authorised someone to do so on your behalf.

Please tell us before we start the activity, about any limitations or concerns you have, so that we can make reasonable adjustments in order to make it safe and enjoyable for everyone.

Participants must be over the age of 18.

FCBP reserves the right to remove a participant from the activity should any aspect of their behaviour be deemed inappropriate or it is believed their safety or the safety of others may be compromised.

Photos may be taken during the activity and used in publications and on social media channels. If you do not want your photo to be taken, please let the activity organiser know before the activity starts.

By registering to participate in this activity, you agree to the above arrangements.